

Welcome

To make an appointment contact guest services by dialing "0" or call 207-824-2175 ext. 424 there will be a helpful associate that can assist you. We hope you enjoy your stay at The Bethel Inn Resort. Our treatments are here to enhance your experience. We use high quality ingredients from organic herbs to mild non-reactive oils. To help ensure a pleasant treatment wear comfortable clothing, arrive to the appointment a few minutes early and talk to the therapist about any health concerns you may have. A two week advanced booking is suggested.

Thank you,
The staff at Many Hands Spa Services



Midweek Packages

Monday - Thursday

Swedish Massage and Spa Pedi
90 minutes \$99

Swedish Massage and Basic Mani
90 minutes \$99

Swedish Massage and Scrub
60 minutes \$99

Wednesday Facial
and Massage Package
Swedish Massage and Custom Facial
120 minutes \$150

The
Bethel Inn
Resort
1913 MAINE

On the Common • Bethel, Maine 04217
(207) 824-2175

SPA Treatments

2010

offered by

Many Hands



Spa Services

at the Health Club of
THE BETHEL INN RESORT

Open Daily

by Appointment

207-824-2175 ext. 424

www.bethelinn.com

Body

Swedish Massage

A rejuvenating blend of Swedish strokes to ease everyday stress. The most popular massage by far.

30 minutes \$50 ~ 60 minutes \$83

90 minutes \$115

Sports & Deep Tissue Massage

Similar to a Swedish Massage, a Deep Tissue or Sports Massage concentrates on specific areas of tightness or injury.

30 minutes \$60 ~ 60 minutes \$89

Head, Neck & Shoulders Massage

Bodywork specifically for your tight upper back and neck.

30 minutes \$55 ~ 60 minutes \$95

Maine Stone Massage

A deeply relaxing massage, the warm stones smooth out tension and melt tired muscles.

60 minutes \$105

Many Hands Massage

A royal four-handed treatment, two therapists work at the same time.

30 minutes \$85 ~ 60 minutes \$135

Couples Massage

A massage for two in the same room.

60 minutes \$160

Scrub & Polish

Scrubs are great for exfoliating and moisturizing.

45 minutes \$75

Reiki

A non-invasive hands on energy therapy.

30 minutes \$50 ~ 60 minutes \$80

Gift Certificates Available

Face

Customized Facial

60 min \$80

Deep Cleansing Facial

60 min \$90

Age Defying Facial

60 min \$110

Teen Facial

60 min \$75

Back Facial

60 min \$85

Bodywork Add-ons

Reiki 15 min. \$20

Aromatherapy \$15

Massage 15 min. \$25

Scrub 45 min. \$60

The
Bethel Inn
Resort
1913 MAINE

Cancellation Policy

No Shows and cancellations within three hours of the scheduled appointment will be charged a cancellation fee of half the cost of scheduled services.

Nail

Manicures

Speedi Mani \$19

Basic Mani \$25

Spa Mani \$30

Pedicures

Speedi Pedi \$25

Basic Pedi \$45

Spa Pedi \$55

Nail Enhancements

French Polish \$10

Polish Change \$10

French Polish Change \$15

Paraffin Dip \$15

Waxing

Call for pricing

Spa Parties

Customized spa and nail services for your group or bridal party.